

Victoria
County

DSHS Grant

Reducing Adult Potentially
Preventable Hospitalizations

Our main focus...

- **Diabetes**
- **Heart Failure**
- **Pneumonia**

We are proud to collaborate with:

- The Victoria Community Health Center (FQHC)
- DeTar Hospital
- Citizens Medical Center
- The Victoria Clinic
- Community Mother and Child Health Center
- Texas AHEC East – Victoria Region
- Victoria County
- Area Agency on Aging

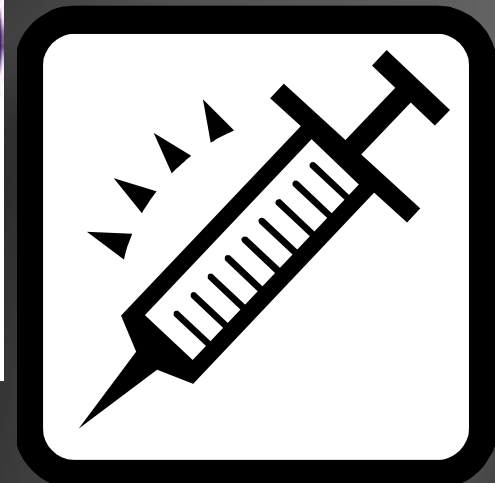
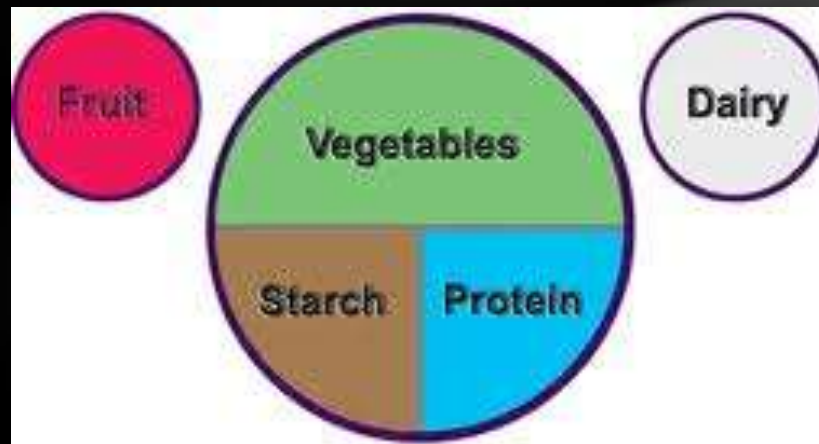
Services We Provide

Education – Culturally appropriate diabetes self-management classes, Heart Failure, and Pneumonia prevention

Immunizations – Pneumovax and Influenza

Cooking Demos – Diabetic appropriate/heart healthy

Smoking Cessation Counseling – “Yes I Can” Program



Education in the Community...

- ❖ Citizens – Sweet Talkers (Diabetes group)
- ❖ DeTar – Lunch Bunch (Diabetes group)
- ❖ Girling Bingo group (Victoria Mall)
- ❖ Housing Authority of Victoria
- ❖ Mt. Nebo Baptist Church
- ❖ Christ's Kitchen

One-on-One Patient Education...

The Victoria Clinic



*Community Mother and
Child Health Center*



Immunization Clinic

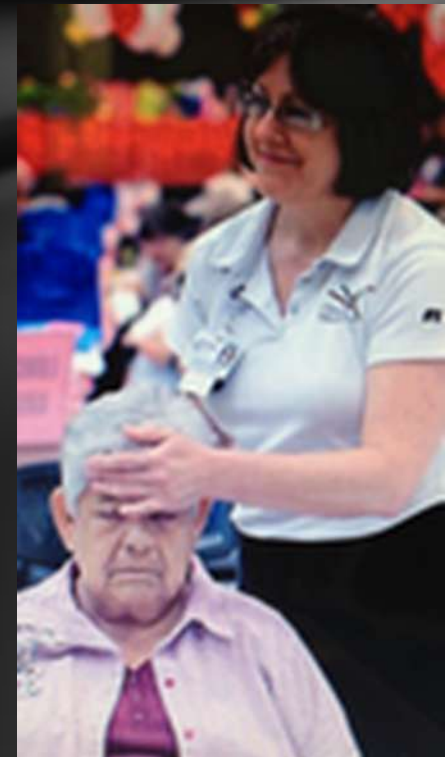
- ❖ We have received \$6,000 in additional grant funds from the Area Agency on Aging to provide 100 vaccines
- ❖ We have held 3 immunization clinics at Christ's Kitchen (cafeteria that provides meals to the homeless and under privileged)
- ❖ Administered over 50 Pneumovax to high risk individuals



Healthy Aging Conference

May 17th, 2012

- ✓ Only regional health and wellness event designed especially for senior adults and caregivers
- ✓ Educational sessions
- ✓ Health fair
- ✓ Free screenings – Blood pressure, blood sugar, cholesterol
- ✓ Complimentary lunch
- ✓ Door prizes



Healthy Aging Conference

- Services we provided at Healthy Aging Conference
 - Educational handouts on diabetes
 - Cardiovascular disease education
 - Administered immunizations



Texas Mission of Mercy

- 2 day event
- Free dental care – routine cleanings, crowns, root canals, extractions, etc.
- Served 583 patients
- More than \$373,000 of treatment given away

June 22nd-23rd



Texas Mission of Mercy

Services we Provided at Mission of Mercy:

- Smoking cessation education
- Heart health education
- Diabetes education
- Immunizations



Stop Diabetes Day!

November 17th, 2012

- Blood Sugar Screenings
- Blood Pressure Screenings
- Foot and Eye Exams
- Education on Diabetes
- Ask the Experts
- Cooking Demos
- Zumba Expo outdoors
- Face Painting
- Vendors



Stop Diabetes Day!

Services we provided at Stop Diabetes Day:

- Provided Heart health education materials
- Educated participants on Diabetes and its complications



Our target population...

- **Homeless**
- **Uninsured/underinsured**
- **We have partnered with the Homeless Coalition to reach these individuals**
- **1st Annual Homeless Day of Care – February 8th, 2013**

Homeless Day of Care

February 8th, 2013



- ✓ Blood sugar screenings
- ✓ Blood pressure screenings
- ✓ Showers available
- ✓ Meals provided
- ✓ Haircuts and grooming
- ✓ Vendors

Homeless Day of Care

- ✓ 80 Homeless individuals participated
- ✓ Approximately 40 received blood glucose screenings
- ✓ Many diabetics with blood sugars in the 300-400 range
- ✓ All were provided with referral services to the Victoria Community Health Center and/or Methodist Ministries Wesley Nurse Program

Homeless Day of Care

Services we provided at the Homeless Day of Care:

- ✓ Provided information of HIV/AIDS
- ✓ Provided hand sanitizer and trail mix snacks
- ✓ Provided information about The Victoria Community Health Center
- ✓ Assisted with blood pressure/blood sugar screenings



Upcoming Projects

- ❖ Grocery Store Tour
 - Partnering with Housing Authority of Victoria
 - Designed to educate parents on healthy choices to make in the grocery store

- ❖ Healthy Aging Conference - May 16, 2013
 - Will administer Pneumonia vaccines



THANK YOU!

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