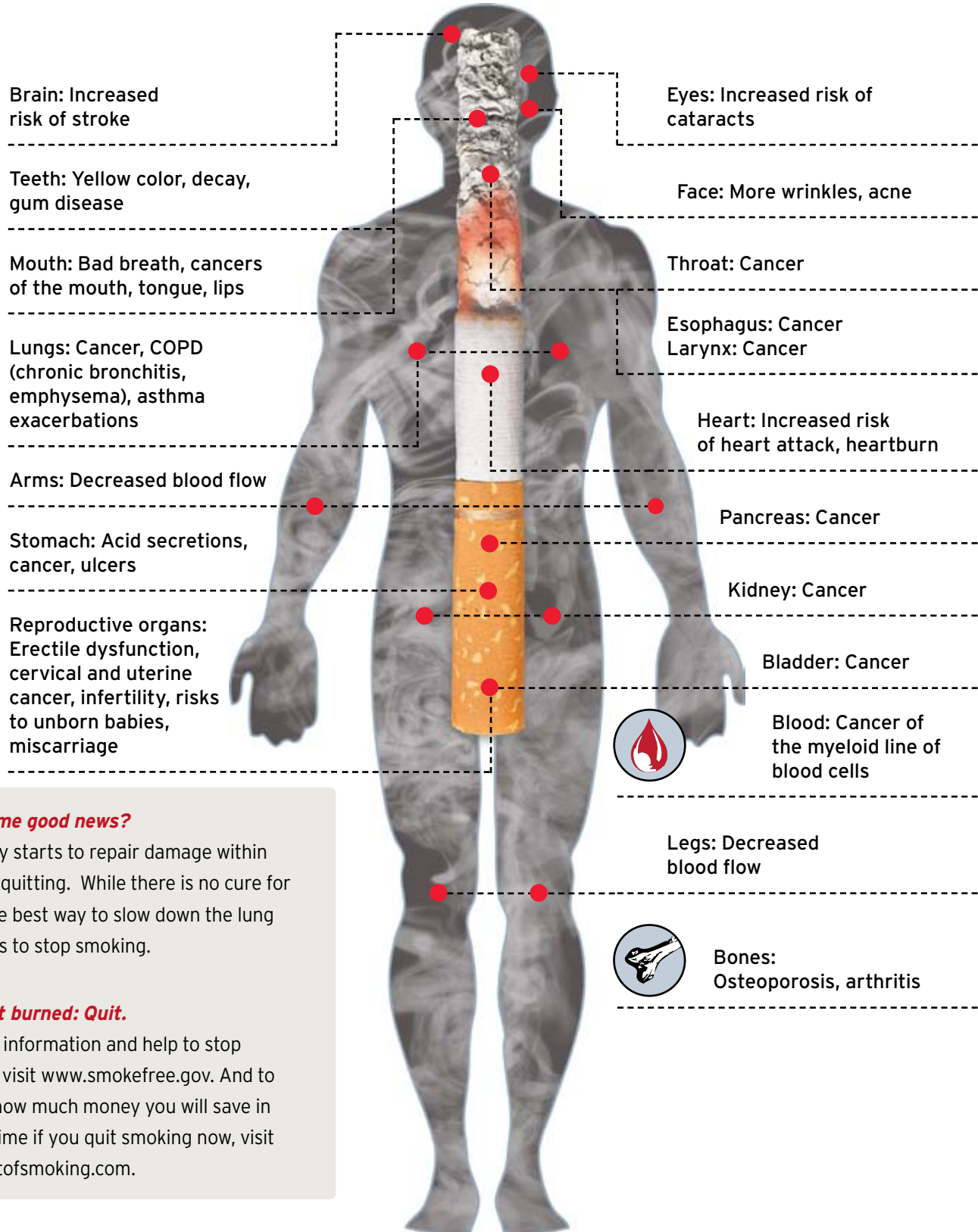


CIGARETTE SMOKING'S EFFECT ON YOUR BODY: It Burns You Up

When you smoke, it's not just your lungs that suffer. Chemicals from cigarettes do damage to almost every part of your body. Take a look:



Want some good news?

Your body starts to repair damage within weeks of quitting. While there is no cure for COPD, the best way to slow down the lung damage is to stop smoking.

Don't get burned: Quit.

For more information and help to stop smoking, visit www.smokefree.gov. And to find out how much money you will save in your lifetime if you quit smoking now, visit www.costofsmoking.com.